

# BABY FEVER

Devised by Contact Young Company and Elike & Rutger (Theater DEGASTEN)

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## DIRECTORS NOTE

**What is the value of life?**

Contact Young Company, an ensemble made up of young performers, writers, and poets, worked with DEGASTEN to answer this question presented by SICK! Festival.

In various discussions it became apparent that value is measured with milestones. But the traditional milestones for this generation represent pressure, lack of trust, unwellness... Hence the title, coined by our young cast member, Fikayo.

In August the group did a series of workshops with lead artist, Briget Fiske and assistant artist, Miray Sidhom. They also went to a series of shows and inspiring guest artists sessions.

We all wanted to make sure the young artists understood that the process is as valuable as the outcome - the actual performance.

Now we want to share our process with you. We have made a playground where we together with the audience can explore the shaky foundations and mechanisms of human trust against the background of current crises.

*'Am I running away from what stands before me?*

*Do the lies in my smile give away?*

*Does reclusiveness ever get detected as social anxiety?*

*Is my world even safe?*

*I'd like to let you know I never*

*make promises, they're there to be broken, that's to me and those around*

*Trust would be enigmatic if it was a person, wouldn't it?'*

Kofi Gyamfi

## CAST AND CREATIVE TEAM

Devised and performed by CYC:

Allegra Jeffreys	Celia Roux	Fikayo Falade	Isabella Pinto
Jawara Tait	Kofi Gyamfi	Lucy Barker	Millie Sheppard
Oscar Jones	Safwat Elsenossi	Summa Limbu	Yoruslem Okbamichael

**Directors:** Elike Roovers & Rutger Esajas

**Lead Artist:** Bridget Fiske

**Assistant Artist:** Miray Sidhom

**Soundscape:** DJ Lovesupreme

**Stage Manager:** Alyssa Watts

**Visiting Artists:** Debs Gatenby, Darren Pritchard and James Monaghan

**Young People's Producer:** Keisha Thompson

**CYC would like to thank:** Martin Harris Centre, HOME, Z-Arts, Morning Gloryville, Chloe Courtney, Yard Theatre, Sénamí Awunou, Rio Boothe and Sandeep Ranote.

## ABOUT CONTACT YOUNG COMPANY

Contact Young Company (CYC) is Contact's renowned young ensemble. CYC is made up of young performers, actors, dancers, musicians, stand-up comedians, poets and MCs.

Each year, the company creates brand new professional standard shows in collaboration with major national and international artists, such as Forced Entertainment, Lies Pauwels, Stacey Makishi and Slung Low. Shows are premiered in Manchester, and often then tour nationally to leading venues and festivals.

[contactmcr.com](http://contactmcr.com)

## ABOUT THEATER DEGASTEN

An Amsterdam based youth theatre company, creating interdisciplinary montage theatre with youngsters aged between 12-25 years.

DEGASTEN develops customized productions based on the experiences of the performers.

DEGASTEN always searches for the actuality and value of theatre in today's society and is not afraid to provoke. In every production, we explore these topics through cross-overs between music and movement.

In this performance spoken word and poetry are also a source of inspiration because of the collaboration with CYC.

[theaterdegasten.nl](http://theaterdegasten.nl)

## ABOUT SICK! FESTIVAL

SICK! Festival has grown and evolved since 2013, emerging from reflections on our own lives and the lives of people around us to embrace issues of wider significance for communities and deep importance for individuals. We are constantly guided by those communities and individuals, who ground our work in real-life experience, huge knowledge and immense understanding of the sensitivities of emotive issues. All too often these subjects are kept away from public view and debate. We exist to change that.

[sickfestival.com](http://sickfestival.com)



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